

- 2024 -  
**MAY**

**Woodside  
Intermediate  
School**

**Start the day off  
right with a free  
school breakfast!**

**Breakfast is free to all students**

**Student Lunch \$2.90**

**Lunch consists of an entrée,  
vegetable and fruit choices,  
whole grains and low or fat  
free milk. Students may take  
three, four or five of these  
items but must choose at  
least 1/2 cup of fruits or  
vegetables.**

**Alternate Daily Lunch Options:**

**Assorted sandwiches- Ham &  
Cheese, Turkey & Cheese or  
Tuna**

**Bagel & Yogurt Plate**

**Although we will do our best not to  
make substitutions, all menus are  
subject to change due to product  
shortages.**

**MONDAY**

**6** Chicken Nuggets  
Oven Potatoes  
WG Roll  
Steamed Corn  
Fruit Choice

**13** Chicken Tenders  
Oven Potatoes  
WG Roll  
Steamed Corn  
Fruit Choice

**20** Breaded Ravioli w/  
Marinara Sauce  
Salad  
Dinner Roll  
Green Beans  
Fruit Choice



**TUESDAY**

**7** Toasted Cheese  
Sandwich  
Tomato Soup  
Goldfish Crackers  
Garden Salad  
Fruit Choice

**14** Penne w/ Meat  
Sauce  
Salad  
Garlic Knot  
Glazed Carrots  
Fruit Choice

**21** Chicken Patty on  
WG roll  
Oven Potatoes  
Glazed Carrots  
Fruit Choice

**28** WG Popcorn  
Chicken  
Mashed Potatoes  
Gravy  
Dinner roll  
Baked Beans  
Fruit Choice

**WEDNESDAY**

**1** Stuffed Bread with  
Italian Cheeses and  
Garlic  
Marinara Sauce  
Steamed Broccoli  
Egg Noodles  
Fruit Choice

**8** WG Mozzarella  
Sticks  
W/ Marinara Sauce  
Crisp Romaine  
Salad  
Steamed Broccoli  
Egg Noodles  
Fruit Choice

**15** **Half Day**  
WG Mini Pancakes  
Chicken Sausage  
Veggie Juice  
Hash Brown Patties  
Fruit Choice

**22** Chicken or Cheese  
Quesadilla  
Brown Rice  
Steamed Corn  
Salsa, Sour Cream  
Fruit Choice

**29** Macaroni and  
Cheese  
Crisp Romaine  
Salad  
Steamed Broccoli  
Corn Bread  
Fruit Choice

**THURSDAY**

**2** Apple Cinnamon  
Texas French Toast  
w/ Syrup  
Chicken Sausage  
Vegetable Juice  
Hash Brown Patty  
Fruit Choice

**9** Egg and Cheese on  
A Croissant  
Hash Brown Patty  
Vegetable Juice  
Fruit Choice

**16** Cheeseburger on  
Whole Grain Roll  
Baked Beans  
Potato Chips  
Fruit Choice

**23** Hot Dog on WG Roll  
Potato Chips  
Macaroni Salad  
Fruit Choice

**30** French Toast Sticks  
W/ Syrup  
Chicken Sausage  
Vegetable Juice  
Hash Brown Patties  
Fruit Choice

**FRIDAY**

**3** Cheese Pizza or  
Mozzarella Sticks  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins

**10** Cheese Pizza  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins

**17** Cheese Pizza or  
Mozzarella Sticks  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins

**24** **Half Day**  
WG Mini Waffles  
Chicken Sausage  
Veggie Juice  
Hash Brown Patties  
Fruit Choice

**31** Cheese Pizza or  
Mozzarella Sticks  
Carrots & Celery  
Sticks  
Hummus  
Garden Salad  
Fruit Choice or  
Raisins